

Parents and Students,

I want to welcome all of our new students' families and welcome back all of our returning students and families. I hope this finds you enjoying your summer coupled with excitement for the new school year to begin.

I would like to give you some information prior to the beginning of school of our fall athletics. This fall, we are offering for high school and middle school students, tackle football, girls' volleyball, and boys and girls cross country.

For volleyball players, we are currently conducting open gyms at Mountain Ridge Baptist Church (67<sup>th</sup> Ave. North of Deer Valley). These voluntary open gyms are for any returning or interested high school or middle school volleyball player. The dates and times are as follows:

Tuesday, July 27= 9-11am

Thursday, July 29= 2-4pm

High School Volleyball official practices will begin Tuesday, August 3 and will run for the rest of the week from 4-6pm, and again from Monday through Friday the week of August 9. Please contact Coach Sarah Junker for any additional information at [sjunker@glendaleprep.org](mailto:sjunker@glendaleprep.org).

Middle School Volleyball practices will begin on Tuesday, August 17. We will be having an informational meeting after school on Tuesday, August 10 at 3:30pm in rooms 15 and 16.

For football players, we have been meeting once a week to evaluate preseason workouts. These are open to any middle school or high school football player. The workouts are on Fridays at Glendale Nazarene Church (59<sup>th</sup> Ave. and Cactus) from 8-10am.

High School Football official practices will begin on Monday, August 2 from 4-6pm at Glendale Nazarene Church (59<sup>th</sup> Ave. and Cactus). Please contact Coach Steven Evans ([stevans@gesd40.org](mailto:stevans@gesd40.org)), or Coach Jamie Self ([jamieself@cox.net](mailto:jamieself@cox.net)), for any additional information, and if you are planning on playing football but have not been attending the summer workouts.

Middle School Football practices will begin on Monday, August 16. We will be having an informational meeting after school on Monday, August 9 at 3:30pm in rooms 15 and 16. Please contact Coach Jonathan Rickey ([jrickey@glendaleprep.org](mailto:jrickey@glendaleprep.org)) if you have any questions.

For cross-country athletes, we will be having an informational meeting on Thursday, August 5 at 1:00pm in rooms 15 and 16. High school practices will begin on August 9, and middle school practices will begin on August 16. For any additional information, please contact Coach Joel VanDerworp at [joelvanderworp@gmail.com](mailto:joelvanderworp@gmail.com).

Prior to participating in athletics at Glendale Prep, your athlete will need to have a physical performed by their pediatrician, or at a licensed healthcare facility (urgent cares, as well as some large Walgreens will perform these for around \$35). Additionally, your athlete will need to have a filled out Emergency Contact, Parent Consent form, and have paid their athletic fee. All forms can be found on the school's website ([www.glendaleprep.org](http://www.glendaleprep.org)) under the athletics tab. Please contact our Athletic Director, Mr. Jonathan Rickey if you have any questions.

Athletic fees for all High School sports are \$175 with Middle School sports \$150 per athlete, per sport.

The football fee for both levels is \$200 per athlete.

All checks need to be made out to Glendale Prep, and any forms or checks can be turned into the front office.

I hope you all are as excited as we are to begin this new year! If you have any questions, please contact our Athletic Director, Mr. Jonathan Rickey ([jrickey@glendaleprep.org](mailto:jrickey@glendaleprep.org)).

Go Griffins!